

GOOD CAMEL, GOOD LIFE



** PRE-RELEASE REVIEWS **

"GOOD CAMEL, GOOD LIFE is a journey juxtaposing daily life and yogic practice. Mr. Bischke takes you by the hand into a heart centered, healing awakening allowing the reader glimpses of personal clarity, humor, and a deepening of practice. A must read for teachers and students alike. Two toes up!!!"

----EMILY WEINBERG, OWNER BIKRAM YOGA MONTEREY BAY, CA

Scott Bischke's book is an inspiration to anyone, yoga practitioner or otherwise, who seeks resilience in the face of adversity...I thoroughly enjoyed Bischke's book--his humor, sensitivity, and wisdom made for an excellent read."

----RAINA PLOWRIGHT DVM, PHD & BIKRAM YOGA PRACTITIONER

"A story of how, even when life unfolds like the pages of a Hollywood script, its rewards still flow from taking it one day at a time, one breath at a time, and staying the course."

----JAMES CALDWELL, OWNER BIKRAM YOGA NORTHSIDE, LANE COVE, NSW AUSTRALIA

"For those looking at the Bikram series from the outside and wondering what all the fuss is about, Scott's perspective provides an insightful journey into the Bikram realm."

----TONY BRINKS, OWNER BIKRAM YOGA ABBOTSFORD, BC, CANADA

"Scott Bischke's book has a broader appeal than those just interested in yoga or Bikram yoga. I think it speaks to those who are trying to figure out what's next--how do you continue to challenge yourself, to find meaning."

----KATHY BREWER, ENVIRONMENTAL ENGINEER & HATHA YOGA PRACTITIONER